

## Instructional Activities in Elementary School Physical Education

Intersession 1988  
May 9 - June 17  
Mondays and Wednesdays  
5:30 - 9:20 P. M.

Instructor: Mike McComb

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### Overview of Course:

This course is designed to assist physical education specialists in planning and implementing programs at the elementary level in British Columbia schools.

Education 459 will emphasize:

- curriculum development, instructional strategies and pupil assessment in physical education
- a new physical education curriculum and its practical application
- integrating physical education with other curriculum areas, active health, the new health-guidance curriculum, intramurals, quality daily physical education, aquatics and outdoor pursuits as well as games, dance and gymnastics.

### Assignments:

A pass must include the completion of all the assignments:

1. 3 units each consisting of a minimum of 10 lessons. A unit will be required for games, dance and gymnastics. Philosophy, goals, teaching styles, and long range intentions should be included in the first section with goals and objectives included for every lesson. The first few lessons in each area should be in detail (including teaching points) then gradually become more general as the units progress. (30%)
2. Term paper. The focus of the paper will be an analysis of current practices in elementary physical education. The topic to be decided upon in conjunction with the instructor. (25%)
3. A 3 day observation of the Abbotsford elementary physical education program. One day will be a tour of the district and the other two days will be spent with a physical education specialist. (15%)
4. Overview of a proposed elementary intramural program. (10%)
5. Weekly readings of which three will be critiqued. (20%)

### Required Texts:

- Kirchner, G. (1985). Physical education for elementary school children (6th edition). Wm. C. Brown Co., Dubuque, Iowa.
- Kirchner, G., Cunningham, J., & Warrell, E. (1979). Introduction to movement education (2nd edition). Wm. C. Brown Co.